This is Our Shot to protect ourselves, our families and our coworkers

OUR SHOT!

to fight for each other
UNITEHERE!

What are the COVID-19 vaccines?
- The vaccines that are authorized and recommended by the CDC to prevent COVID-19 are made by Pfizer and Moderna.
- Pfizer and Moderna require <u>two</u> shots. After the first dose, you need a second one to get the most protection.
  - Pfizer is 21 days after
  - Moderna is 28 days after.

Are the vaccines free?
- Yes, both vaccines are free in the United States.

Why do we need to get the COVID-19 vaccine?
- Vaccines will reduce your risk of getting seriously sick or dying if you get COVID-19.
- Vaccines build protection by training your body's immune system to protect you from the virus.
- We can save lives and help stop the pandemic if we do this together. When more of us get the vaccine, we will all be more protected.

Is the COVID-19 vaccine safe?
- COVID-19 vaccines were tested and found to be safe and effective.
- Millions of people in the United States have already received COVID-19 vaccines.
- CDC recommends you get a COVID-19 vaccine as soon as you are eligible.
- Allergic reactions after the COVID-19 vaccine are rare and are treatable. No deaths have occurred.

What are the side effects?
Side effects are normal signs that your body is building protection and go away in one or two days for most people.

On your arm where you got the shot, you may feel:
- Pain
- Swelling

Throughout the rest of your body, you may feel:
- Fever • Tiredness
- Chills • Headache

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After getting the vaccine, don't stop protecting yourself, your coworkers and your family. Keep wearing a mask when around others at work and outside of work, stay at least 6 feet away from others, avoid crowds, avoid poorly ventilated spaces, and wash hands often.

For more information about the COVID-19 vaccine: **unitehere.org/vaccine**